

A world of flavour

Italian, Greek, Spanish? Where your olive oil comes from can have a big impact on its flavour. These are five of our favourites that definitely reflect their heritage



I Marqués de Valdeza Extra Virgin Olive Oil, Spain, £16/500ml

A well-rounded oil from Extremadura, south-western Spain. It's mildly spicy, with hints of fresh grass, almonds and vanilla. Swirl it into soups as an elegant finishing note - particularly tomato soups - or use it to dress white bean salads.